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FOR IMMEDIATE RELEASE:

CHAKRA PRODUCTIONS INTRODUCES YGUIDE PRO YOGA SOFTWARE
FOR INSTRUCTORS AND HEALTH CARE PROVIDERS

Chakra Productions of Belmont, California announces the release of yGuide Pro Yoga Software, a new product for yoga instructors, studios, and health care providers, which assists with the planning, designing, and creating of learning aids for classes, workshops, private students, and patients.

Tailored pose sequences allow students and patients alike to practice at home or on the road, complementing their class instruction. Health care professionals can select and sequence poses which address their patients' health concerns. Yoga teachers are able to create signature practices and share their personal teaching style. The Picture Wizard function enables them to add their own photos to accompany the instructional text. This is a unique product which allows professionals to differentiate their services while offering a value added dimension to their students and patients experience.

"I am not a computer person at all, but yGuide, it is so friendly and easy to use. Besides, it is a great teaching tool. You can plan your entire week and different level sessions using the pose reference list. Sometimes I use them as handouts, students love it, and it is a very effective visual aid." said Laura Armenta, yoga teacher and creator of Ollin Yoga.

"yGuide Yoga Software allows me to design a sequence of poses for the patient to have an interactive experience which helps them to remember and learn their individualized yoga program. I have specific sequence of poses designed in my individualized therapy programs which allow patients to fulfill their personal needs and to experience the healing of mind and body" said Dr. Acharya S. Sengupta of the Institute of Healing Studies.

Chakra Productions has offices in Belmont, California and Indialantic, Florida and provides yoga products to yoga enthusiasts, yoga instructors, studios, and health care professionals. Chakra Productions was founded in April 2002. For more information about Chakra Productions, please visit www.yoga-software.com.

Thank you for your consideration.